BURKE PARK OUT-&-BACK
Burke Park (aka Peets Hill) is a town favorite. The trail begins with a short, steep incline and then continues gradually upward along the ridge. There are several benches for resting and enjoying the panoramic views of Bozeman and beyond.

SNOWFILL RECREATION LOOP
This 37-acre fenced park is a dog lover’s dream. The main trail follows the park’s perimeter; explore interior trails to vary your route. Nestled in the Bridger foothills, Snowfill offers beautiful views of the valley and the Tobacco Roots.

BURKE PARK OUT-&-BACK
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H.G.N.P. - KAGY LOOP
Located in beautiful Highland Glen Nature Preserve, a pocket of wild just minutes from the urban core, this narrow path winds around neighborhoods, dips into a lush basin of grasses and trees, and offers spectacular mountains views.

H.G.N.P. - HIGHLAND LOOP
Located in beautiful Highland Glen Nature Preserve, a pocket of wild just minutes from the urban core, this narrow path winds around neighborhoods, dips into a lush basin of grasses and trees, and offers spectacular mountains views.

MY TRAIL PRESCRIPTION
• Bring water and stay hydrated.
• Pace yourself, yet make the activity a challenge.
• Warm-up and cool-down by walking slowly for a few minutes
• Use a pedometer or an app like Strava to track your progress
• Invest in quality walking or running shoes.
• Find a fitness friend to challenge you.
• To burn more calories, you can:
  - Swing your arms
  - Take quicker, not longer, steps
  - Use trekking poles

ACTIVITY:  ○ RUN  ○ BIKE  ○ WALK
DISTANCE:  ○ EASY  ○ MODERATE  ○ HIKING
FREQUENCY:
DURATION:
SUGGESTED ROUTES:

MODERATE TRAILS

<table>
<thead>
<tr>
<th>Route</th>
<th>Mileage</th>
<th>Off-Leash Dog Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 Snowfill Recreation Area</td>
<td>1.2 mi</td>
<td>🐶</td>
</tr>
<tr>
<td>6 Burke Park (Peets Hill)</td>
<td>2.2 mi</td>
<td>🐶</td>
</tr>
<tr>
<td>7 H.G.N.P. - Highland Loop</td>
<td>1.8 mi</td>
<td>🐶</td>
</tr>
<tr>
<td>8 H.G.N.P. - Kagy Loop</td>
<td>2.0 mi</td>
<td>🐶</td>
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PHYSICAL ACTIVITY LOG

<table>
<thead>
<tr>
<th>Activity</th>
<th>Distance</th>
<th>Duration</th>
<th>Trail/Route</th>
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<tbody>
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EASY TRAILS

<table>
<thead>
<tr>
<th>Route</th>
<th>Mileage</th>
<th>Off-Leash Dog Area</th>
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</thead>
<tbody>
<tr>
<td>1 Gallagator Trail</td>
<td>1.4 mi</td>
<td>🐶</td>
</tr>
<tr>
<td>2 Sourdough Trail</td>
<td>1.0 mi</td>
<td>🐶</td>
</tr>
<tr>
<td>3 Bozeman Pond</td>
<td>1.0 mi</td>
<td>🐶</td>
</tr>
<tr>
<td>4 East Gallatin Recreation Area</td>
<td>0.7 mi</td>
<td>🐶</td>
</tr>
</tbody>
</table>

GALLAGATOR TRAIL OUT-&-BACK
Once a railway line, the Gallagator (aka the Linear Trail) is now a commuter path wide enough for strollers and small groups. At its south end, Langhor Park offers benches, a climbing rock, and a thriving community garden.

SOURDOUGH TRAIL OUT-&-BACK
This shady trail is perfect on a hot summer day. The gentle route follows Matthew Bird Creek and Nash Spring Creek and passes multiple benches and waterholes for resting and cooling off.

BOZEMAN POND LOOP
Bozeman Pond’s popular main trail winds around the pond, past a dog beach, shady sitting areas, a picnic shelter, and a fishing dock. A large off-leash dog park is located north of the pond.

EAST GALLATIN RECREATION AREA LOOP
East Gallatin Recreation Area has something for everyone: picnic shelters, a sandy beach, a climbing boulder, volleyball, restrooms, and more. The trail circles the lake and is an easy walk with great Bridger views.

Want more? To keep exploring, pick up the full Main Street to the Mountains map at local retailers.